

About the Author

Dr Piyush Saxena was born in 1958 to Justice Krishna Narayan, a retired judge from High Court Allahabad and late Shanta Saxena.

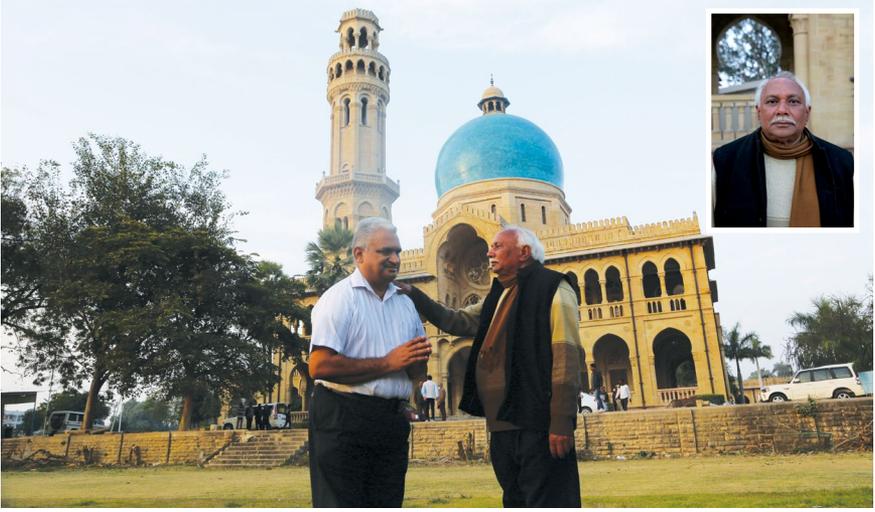
He is a man of many talents - corporate professional, naturopath, wellness counsellor, cleansing therapist, past life regression therapist, activist, avid traveller, thinker, poet, painter, writer, film director, producer, actor, magician and above all, a considerate human being.



Dr Piyush Saxena with his parents

His wife, Shubha, is a teacher, and his son Prakhar has completed software engineering from USA (he also works there) and daughter, Priyanshi deals with curators, sales and acquisition of art works.

Dr Saxena did BSc (Physics) and MA (Modern History) from Allahabad University. Later, he completed his PhD in Naturopathy from USA. His professional life started with Bank of India, where he worked from 1981 to 1995 in Uttar Pradesh. Thereafter, he joined Reliance Industries Limited, where he currently works as a Senior Vice President (Corporate Affairs) at Nariman Point, Mumbai.

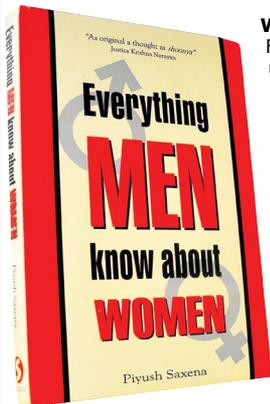


Dr Piyush Saxena with Prof. (Dr.) Mata Amber Tiwari, mentor and former professor of mathematics at Allahabad University

Over the past 18 years, he has attempted to unlock the mysteries of nature and communicated the truth about them, and has published three books.



A campaign for adoption of orphans of India. Dr. Piyush Saxena along with 24 orphans visited Dr. Vidyasagar, former Governor, State of Maharashtra at Rajbhavan, Mumbai.



When it comes to women, men draw a blank

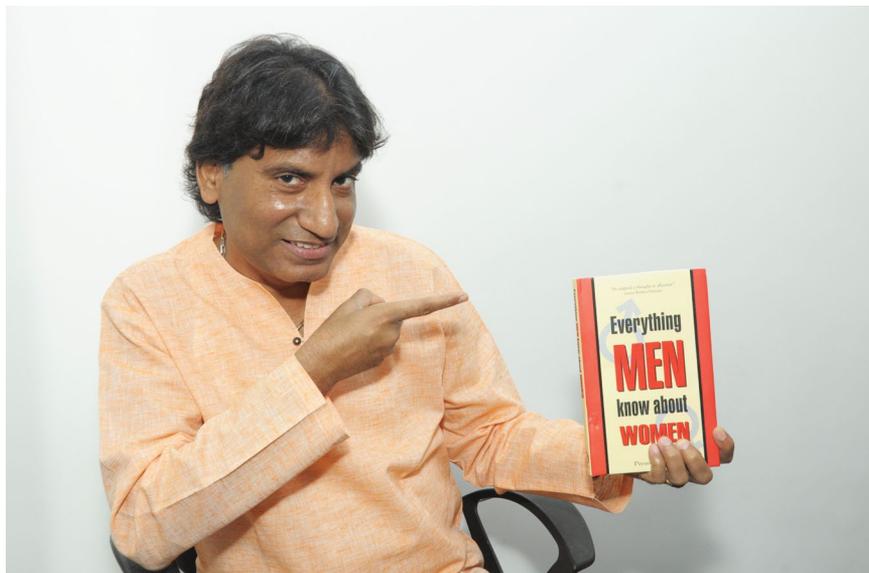
For ages the fairer sex has been an enigma to men and unraveling the mystery called "woman" has been a quest that many have, mostly foolhardily, attempted. Or not. Apparently, working on the premise that the universal male urge to figure out women could lead to a universal male urge to loosen purse strings, Piyush Saxena launched *Everything Men Know About Women* — a book of pristine white sheets with not a printed word.

Mr Saxena's book, which hit select outlets in the city a week before Valentine's Day and costs Rs 295, has evoked a mixed response from Bangaloreans. Some have panned it, calling the "book" a sly businessman's attempt to make a fast buck, whereas others have embraced the publication and loved the unique concept. Many are merely amused by the cheekiness of the enterprising author. Incidentally, Mr Saxena handles corporate affairs at Reliance Industries in Mumbai. Rajan Das, General Manager of Crosswords book store, says his colleagues are closely watching customers

who may be potential purchasers so that they can be warned about the "contents or the lack of it".

The book and its review as published in the Deccan Herald, Bangalore.

Book 1 - 'Everything Men Know About Women' (2005): It has been recognised for its unique conceptual understanding. It became a part of coffee table books in many homes.



Comedian Late Raju Srivastav's humorous satire on 'Everything Men know about Women. To see the video visit : <http://www.menknowwomen.com>

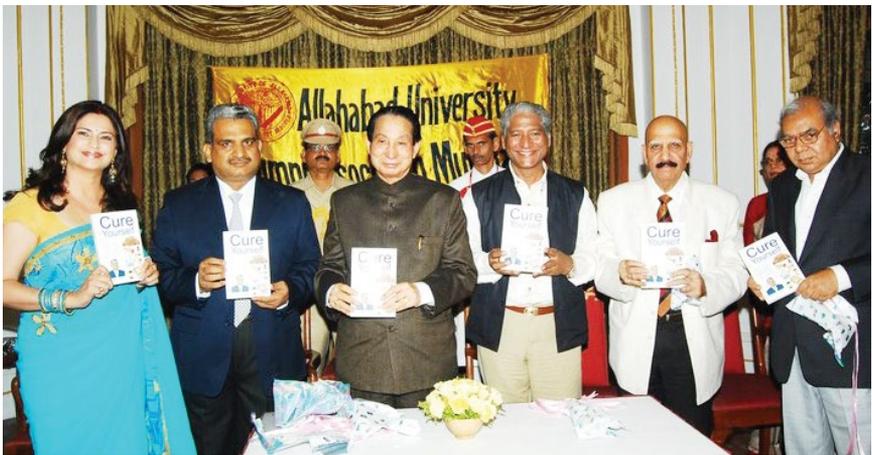


Walk the Talk, at JIO Talk...

Dr Saxena delivering a lecture on Cleansing Therapy at Reliance Corporate Park, Navi Mumbai

Book 2 - 'Cure Yourself' (2008): The book is based on the Cleansing Therapy promoted by Dr Saxena.

'Cleansing Therapy - Cure Yourself', second edition (2016) – In this edition, he has added Fat, Colon, Mouth, PCOS, Uterus and Fertility, Fallopian tube and Vagina Cleanses. On his website, you can find 28 cleanses that cover all the major systems of our body.



Dr Saxena with His Excellency S C Jamir (Centre), Governor of Maharashtra, Actors Kunickaa Sadanand and Rajendra Gupta and Industrialist Mohd Zakauallah, during the release of 'Cure Yourself' at Raj Bhavan, Mumbai

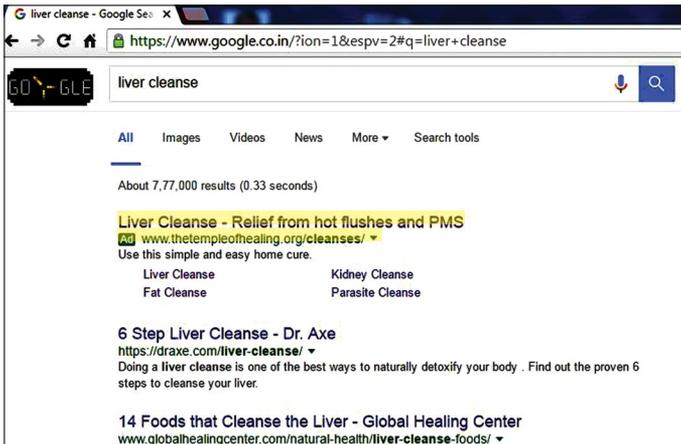


Dr Saxena delivering a lecture at RBI Central Office, Mumbai

His articles on health, wellness and social issues have been featured in various well known Indian publications, such as Health & Nutrition, Dainik Bhaskar, Rajasthan Patrika, Women's Era, Navbharat, etc. He has also appeared on numerous radio and TV programs. He frequently delivers lectures on Cleansing Therapy to promote wellbeing of the general public throughout India.



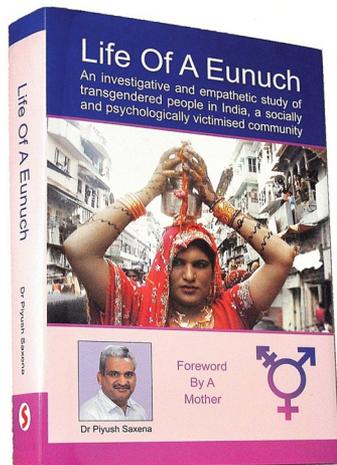
Delivering a lecture at NACEN, Vadodara



Screen shot of google search showing our website prominently

He is also the Founder Secretary of the Temple of Healing (TOH), founded to promote Cleansing Therapy and wellbeing of human kind. His trust, the Temple of Healing, is a recipient of a Google Ad Grants award of 10,000 USD per month. The Google Ad Grants program supports registered nonprofit organisations that share Google's philosophy of community service to help the world in areas such as science and technology, education, global public health, the environment, youth advocacy and the arts. As a result, the website appears among the top results on Google search.

Book 3 - 'Life Of A Eunuch' (2011): It is a 540+ pages book that covers various aspects of eunuchs secretive lives, such as their history, lifestyle, festivals and celebrations, living with gurus, means of livelihood, prostitution, crime, trade of eunuchs, private gatherings, death rituals and gender identity. The book also explores subjects, such as ambiguous genitalia, sex change surgeries and castration, in both text and photographic representations.





Dr Saxena with members of the eunuch community

He has made a documentary film *...Aur Neha Nahin Bik Payee*, highlighting the tradition of bonded labour in eunuch community, their rituals, traditions and other aspects.

Dr Saxena is also the Founder Chairperson of **Salvation of Oppressed Eunuchs (SOOE)**, an NGO working for the cause of eunuchs and helping to integrate them into mainstream society. His trust SOOE is also a recipient of a Google Ad Grants award of 10,000 USD per month, as a result the site appears frequently on top in google search result.

Google search result for <http://www.sooe.org.in>



Dr Piyush Saxena presenting the cause of transgender community in front of Hon'ble HE Ramesh Bais, Governor, Maharashtra and Ex. Chairman of the Parliamentary Standing Committee on Social Justice and Empowerment.

He has also filed a PIL (No. 01/12) in the High Court, Bombay which led to the following benefits to eunuchs:

- The subject of eunuchs was assigned to the Ministry of Social Justice & Empowerment (MoSJE).
- Lenient issuance of voter cards to eunuchs.
- Notification of Sex Re-assignment Surgery in Govt. hospitals by the Union Ministry of Health.
- A notification from the MoSJE seeking complaints from chela eunuchs against exploitation by Gurus, a step towards abolition of the century old *Jeti* tradition (a form of bonded labour).

Book 4 - Hindi edition of the bestseller, *Cleansing Therapy - Cure Yourself* (अपना इलाज अपने हाथ) is his fourth published book. All his articles, videos and books are available for free on his websites, drpiyushsaxena.com or thetempleofhealing.org.

Dr Saxena has a Master's degree in Reiki. He has also delved into PLR through hypnosis, and uses it to help people cure chronic problems related to health, fears, phobias or relationships. He has done more than 250 PLR sessions so far and all of his clients have reported considerable improvements. He has a long list of inquisitive patients, who often consult him about their problems as well as that of their family and friends.

'Mysteries of life' (जीवन के रहस्य) is his fifth published book. It unveils the secrets of life. In this book, he has discussed esoteric topics like life, death and soul in simple language.

The process of Past Life Regression (PLR) has also been explained in detail and any person can master the art of PLR therapy after reading this book and due practice, without going to any teacher or guide. It is noteworthy that this technique helps in curing chronic fear, chronic relationship issues, chronic diseases and many more.

To get a soft copy of this book, click the following link-

https://www.drpiyushsaxena.com/assets/pdf/Book_Mysteries_of_Life_EN.pdf
and <https://www.mol.org.in>

Mysteries of Life

(Past Life Regression)



Dr Piyush Saxena

In order to promote his aforementioned activities more intensely and more effectively Dr Saxena contested the Lok Sabha elections 2024 after 25 Thane Constituency of Maharashtra. (See the serial no. 17)



निवडणूक निर्णय अधिकारी

२५- ठाणे लोकसभा मतदार संघ यांचे कार्यालय

पत्ता- जिल्हाधिकारी कार्यालय, पहिला मजला, जिल्हाधिकारी कार्यालय, ठाणे, जि. ठाणे, पिन कोड - ४००६०१

दुरध्वनी क्रमांक- ०२२-२५३४५१३२

ई मेल आयडी- thancro25@gmail.com

क्र. लोकसभा निवडणूक/२५ ठाणे/ २०२४/२०३

दिनांक- ३१/०५/२०२४

प्रति,

१. श्री.नरेश गणपत म्हस्के, २०७, आनंदनगर, कोपरी ठाणे (पु)	१३. श्री.इरफान इब्राहीम शेख, रूम नं. ६०१/ए, कावेंरी बिल्डिंग, पंचगंगा रोड, दुसरी रावोडी, रूस्तमजी, ठाणे ४००६०१
२. श्री.राजन बाबुराव विचारे, १०३, डॉ. अल्मेडा अपार्टमेंट, जी.बी.रोड, चरई, ठाणे	१४. श्री.खाजासाब रसूलसाब मुल्ला, घर क्रमांक १५२, पो. ताळोखेड, ता.निलंगा, जि.लातूर ४१३५२१
३. श्री.संतोष भिकाजी भालेराव, सदनिका क्र.२, सोहम किनी ए को. ऑप.हो. सोसायटी, खारीगाव नाका, कळवा (प), ठाणे	१५. अंड. गुरुदेव नरसिंह सुर्यवंशी, रूम नं. ११७६, तुर्भे स्टार, शिवशक्ती नगर, ठाणे बेलापूर रोड, नवी मुंबई
४. श्री.उत्तम किसनराव तिरपुडे, फ्लॅट नं. २००३, ए विंग, कासा अल्टीमा, टीसीएस, आय थिंक टेकनो कॅम्पस जवळ, पाचपाखाडी, ता.ठाणे, जि.ठाणे ४०० ६१०	१६. श्री.चंद्रकांत विठ्ठल सोनवणे, शिवछत्रपती चाळ, पंचशिल मित्रमंडळ, माता रमाबाई आंबेडकर नं. २, भांडूप (प) मुंबई ४००७७८
५. श्री.झा सुभाष चंद्र, अ.६०१, वामा बिल्डिंग, सघवी नगर, मिरा-भाईंदर रोड, (पूर्व) ठाणे ४०११०७	१७. डॉ. पियूष के. सक्सेना, ५/१२०२, एनआरआय कॉम्प्लेक्स, सोबुड, नवी मुंबई ४०० ७०६
६. श्री.भंवरलाल खेतमल मेहता, ४०४, वितराग टॉवर, ६० फिट रोड, देवचंद नगर, भाईंदर (प), ठाणे ४०११०१	१८. श्री.प्रमोद आनंदराव धुमाळ, ब्लॉक नं. १०४, टॉवर २ बी, साई रतन टॉवर, डों - माटे जवळ, विरार (पु), ता.वसई, जि.पालघर
७. श्री.मुकेश केलासनाथ तिवारी, शिवशक्ती नगर, बिल्डिंग नं. २३, च्या मागे कोपरी कॉलनी, ठाणे (पूर्व), जि.ठाणे ४००६०३	१९. श्री.मल्लिकार्जुन सायनबा पुजारी, रूम नं. ७९११, एस.एस.- ३, सेक्टर -६, मस्जिद जवळ, कोपरखेरणे, नवी मुंबई ४०० ७०९
८. श्री.राजेंद्र रामचंद्र संखे, बी - ३१०३, आलिक्रिया द वरेटान, निळकंठ वुड्स, मानपाडा, ठाणे (पश्चिम) ४००६१०	२०. श्री.राजीव कौंडीबा भोसले, घर नं. ६२३, लक्ष्मी चाळ, हिंदुस्तान टाईम्स प्रेस जवळ, नामदेव नगर, ऐरोली, नवी मुंबई
९. श्री.राहुल जगवीरसिंह मेहरोलिया, एस. एस. 11, सिडको कॉलनी, रूम नं. १५, विठ्ठल मंदिर जवळ, सेक्टर- १६, कोपरखेरणे, नवी मुंबई	२१. श्री.सावळे दत्तात्रय सिताराम, एस ५२, रूम नं. ७३२ सेक्टर ७, कोपरखेरणे, नवी मुंबई ४००७०९
१०. श्री.विजय ज्ञानोबा घाटे, शाऊ सुमूर्ती बिल्डिंग, रूम नं. ३०५, ३ रा मजला, महात्मा फुले नगर, मिनाताई टाकरे गार्डनच्या मागे, कोरस रोड, ठाणे (प) ४००६०६	२२. श्री.सिध्दांत छबन शिरसाट, ब- ४०१, साई तेज अपार्टमेंट, ब्लॉसम कॉन्व्हेंट शाळेजवळ, दिपाली पार्क रोड, वालिवली, बदलापूर (प)
११. श्रीम.सलिमा मुक्तरा वसानी, मिरारोड (पूर्व), ठाणे ४०११०७	२३. श्री.सुरेंद्रकुमार के. जैन, ए/३०४, सी व्हीयू कौ.ऑप.हो. सोसायटी लि.आरएनपी पार्क, भाईंदर (पूर्व)
१२. श्रीम.अर्चना दिनकर गायकवाड, राजवाडी, पो. हातनुर, ता.सेलु, जि. परभणी	२४. श्री.संजय मनोहर मोरे, ०३ माला, रू.नं. ३०५ तानिया रोझ, तानिया टाऊन, राज नगर, आचोले गाव, नालासांपरा (पूर्व), ता. वसई, जि. पालघर

विषय :- लोकसभा सार्वत्रिक निवडणूक-२०२४

निवडणूक निर्णय अधिकारी यांचे स्तरावरील सुविधा केंद्र

उपरोक्त विषयान्वये कळविण्यात येते की, २५ - ठाणे लोकसभा मतदारसंघाच्या निवडणूकीसाठी आपण निवडणूक लढविणारे उमेदवार आहात. निवडणूक कर्तव्यावरील ज्या मतदाराने नमुना नं. १२ फॉर्म भरलेला आहे. अशा मतदाराचे मतदान या ठिकाणी पोस्टल बॅलेटद्वारे होणार आहे. सदर मतदान प्रशिक्षण केंद्र, जिल्हा कौशल्य विकास, रोजगार व उदयोजकता विकास केंद्र, जिल्हाधिकारी कार्यालय परिसर, कोर्ट नाका ठाणे ४००६०१ येथे दिनांक १७/०५/२०२४ ते १९/०५/२०२४ रोजी सकाळी ०९.०० ते सायं ०५.०० वाजता होणार आहे. तरी आपले प्रतिनिधींना त्या ठिकाणी हजर ठेवणेस विनंती आहे.

(मनिषा जयभावे)
निवडणूक निर्णय अधिकारी,
२५ - ठाणे लोकसभा मतदार संघ



Real to reel: with Aruna Irani and Manoj Tiwari in a movie

An independent and progressive film director, he has also performed in many TV serials, movies and dramas. He has performed in *Ramleela* and also recited poems at *Kavi-Sammelan*.

He enjoys the company of children and performs magic shows at birthday parties and schools/colleges, and also for mature audiences,



Performing as Parasuram in Ramleela in Mumbai



Reciting a poem in a Kavi-Sammelan

providing relief and entertainment to them from their monotonous routines. Dr Saxena does not charge any fee for any of the above activities. He does them purely for his own pleasure.

He is a teetotalter, non-vegetarian, fond of eating, enjoys cooking and specialises in north Indian delicacies.



Performing a magic show at Modern School, Lucknow



Daily morning session of Squash

He had won Chess (1977) and Bridge (1978) tournaments in Amaranatha Jha hostel in his university days in Allahabad. He also won Runner's Up in the open category of Men's Squash Championship at Reliance Industries Limited in 2012. He is fond of adventure sports, such as sky diving, paragliding, white water rafting, trekking and hiking.



**Have yourself a Merry Little Christmas!
Dr. Piyush Saxena, as Santa Claus, entertaining the kids.**

Dr Saxena is fond of travelling. He believes that travelling is a part of education.

He has travelled to all continents. He has visited USA, UK, Russia, France, Germany, Switzerland, Italy, Japan, Egypt, Australia, Belgium, Brazil, Argentina, Chile, Uruguay, Falkland Islands, Netherland, Hong Kong, Singapore, Thailand, Malaysia, Dubai, China, South Africa, Botswana, Kenya, Tanzania, Sri Lanka and North Korea (DPRK).



**Seeking the blessings of His Excellency,
Late Dr A P J Abdul Kalam**



At Mt. Kailasha, the abode Lord Shiva

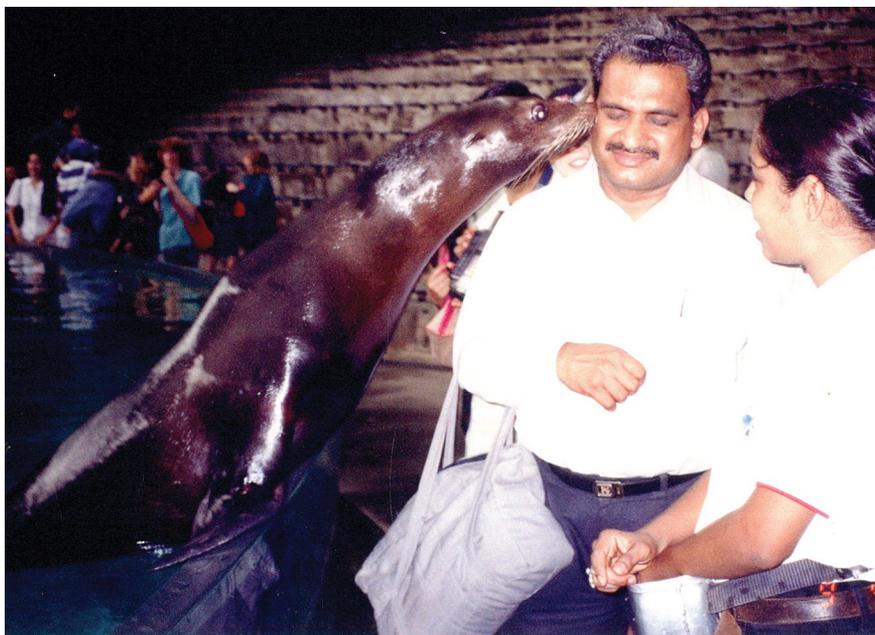


En route to Antarctica

In search of peace of mind !



Playing with a Cheetah in Botswana



A seal greets Dr Saxena in Australia



Dancing with Japanese children to an Indian tune in Tokyo



Free fall while skydiving in San Francisco, USA



At Yuri Gagarin Cosmonaut Training Center, Moscow



At Kumsusan Palace of the Sun in Pyongyang, North Korea